



Bicycle, Blues and BBQ

July 9-11, 2010
Clear Lake, Iowa

Get moving and get biking because the Bicycle, Blues & BBQ Festival is heading through North Iowa once again! This year's event promises even more---more rides, more blues, and more mouth-watering BBQ. All for a great cause: The North Iowa Trails Association.

Friday, July 9

5:30 p.m. City Park-Kickoff Party

Mouth-watering BBQ available for purchase from several vendors.
Blues by **The Lamont Cranston Band**
w/ special guest **Lisa Wenger**.

Saturday, July 10

7-10 a.m. City Park-FUNdraising Ride

Registration held in City Park. Several routes will be available--choose one for your skill level.

11 a.m. City Park-BBQ Vendors begin serving.

12 p.m. City Park-Free Blues Concert

The Blues is back all day long with **The Jacob Lee Band**, **Pete Neuman & the Real Deal**, **Boom Boom Steve V & the Knockouts**, and finishing up the night, **Reverend Raven & The Chain-Smoking Altar Boys** will be heating up the stage.

1 p.m. City Park-Iowa Cup Series Criterium Race

An action packed lap race on the streets of downtown Clear Lake.

Come for the ride,
Come for the BBQ, or
Just come for the party!!

Sunday, July 11

10 a.m. Surf Ballroom-Iowa Cup Series Road Race

USCF Sanctioned Racing-the Iowa Cup Series Road Race will kick off at 10 a.m. from Clear Lake's Legendary Surf Ballroom. Registration will begin at 8 a.m. and riders will be staged by 9 a.m. The route runs through the beautiful North Iowa countryside and will be sure to be a memorable competition.

For more info contact Tim Putnam at NorthiowaSpin@yahoo.com or visit www.clearlakeraceweekend.com

THANKS TO ALL OF OUR SPONSORS
WHO HELP KEEP THE RIDE ROLLING AND THE BLUES GOING:



Budweiser - CL Tel -- Surf Ballroom - Clear Lake Chamber of Commerce
Manufacturers Bank & Trust - Wayne's Ski, Cycle & Fitness - Fox 47 KXLI

If you would like to pre-register for the Fun Ride,
please fill out the enclosed form and return it to:

Bicycle, Blues and BBQ Festival
c/o: Raymond James
103 East State Street, Suite 700
Mason City, IA 50401

Please mail before July 2nd to assure your pre-registration.

For more information visit our website at

www.bicyclebluesbbq.com

or visit

www.clearlakeraceweekend.com

Your support is greatly appreciated. See you at the Festival!!

Bicycle, Blues & BBQ Festival
Saturday Family Bike Ride & Benefit Entry Form

The registration fee is \$15.00 per person or \$25.00 for a family.

(All proceeds will directly benefit the Cerro Gordo Trails Association.)

Total Number of Riders _____ Amount Enclosed \$ _____

I cannot attend the Festival this year, but I would like to contribute
\$ _____ to this worthy cause.

Please make checks payable to: Cerro Gordo Trails Association

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ E-Mail _____